



# Facts about **Suicide** Youth

**Eighty percent of teens** who die by suicide show warning signs.

**Ninety percent of teens** who die by suicide have a mental health condition.

**Suicide is the second leading** cause of death in people ages 10-34.

**Suicide can be prevented.** Learn the warning signs and reach out to help those with suicidal thoughts and feelings.

**National Suicide Prevention Lifeline**  
**800-273-8255 or dial 988**

 **NEW DIRECTIONS**<sup>®</sup> | **TRIDIUM** 

Learn more at [ndbh.com/suicide](https://ndbh.com/suicide).

Sources: NAMI, Lifespan, CDC  
©2022 New Directions Behavioral Health, LLC  
ND-MAR234-20220701